

What is Healing?

As a healer, I work in a person's energy field to help them create healing. But what is healing? When we think of the word "healing," most of us think of the physical issues that plague our society. Simple issues like headaches or skin concerns to the more serious problems of cancer and severe pain. Many times I have worked with a client and have witnessed physical symptoms lessen or completely disappear. Although we want and need physical healing, we must not lose sight of the fact that there may be other areas that are in greater need of healing than the physical.

At times it is more important that the soul receive healing rather than the physical body. The anguish of losing someone we love, the frustration of stress and dissatisfaction, overwhelming or disappointing life situations, and emotional or mental imbalance are all issues that concern the soul. Perhaps we want to go deep within and return to who we truly are. Maybe we long for greater peace, compassion, and love. Receiving a healing involves the ultimate trust; trusting that God or the universe knows exactly what you need and then trusting yourself to allow this energy shift to take place. You always receive healing when your intention is to allow yourself to receive it. Know that your request is heard and trust that you will receive exactly what you need, be it physical or at the soul level. This does not create an "either-or" situation. You can receive physical and soul healing at the same time; as the soul heals, the body does as well.

The greatest healing intention is to become the peace and love that you seek. And who you truly are, your essence, is a Blessed Being of peace and love. By allowing a healing to assist you in reclaiming that Being, you allow yourself to be completely healed at the physical or soul levels.

Luminescent Healing

1 Primrose Lane
Fredonia, NY 14063
716-672-9751
luminescenthealing.com

In addition to other methods and techniques, Colleen Vanderzyden has studied Reconnective Healing with Eric Pearl, Color and Sound Healing with Charles Curcio, Telepathic Sound Tuning with Deena Spear, and Trance Healing with faculty at Delphi University. For more information on Colleen, please visit luminescenthealing.com